



# Two Before Ten

ROASTERY • URBAN FARM • CAFES

## GUNGAHLIN

<b>THREE MILLS ORANGE &amp; RASIN TOAST</b>	12	<b>WRAPS &amp; TOASTIES</b>	
With honey & ricotta		Served with salad	
<b>THREE MILLS SOURDOUGH</b>	10	<b>SWEET CHILLI CHICKEN WRAP</b>	14
With a choice of butter, jam, vegemite, peanut butter or honey		Roast lemon chicken, house made coleslaw & sweet chilli	
<b>URBAN FARM GRANOLA</b>	16	<b>BREAKFAST WRAP</b>	14
Seasonal fruit, yoghurt, crushed dark chocolate, local honey & milk of your choice		Veg frittata, cheddar, sriracha mayo, baby spinach & roast veggies	
<b>WELLNESS BOWL</b>	18	<b>HAM, CHEESE &amp; TOMATO TOASTIE</b>	14
Roast pumpkin, quinoa & brown rice, avocado, beetroot hummus, garden greens; topped with seeds, nuts & citrus dressing		Smoked ham, cheddar & tomato	
<b>Add grilled chicken + 6.0</b>		<b>PESTO CHICKEN TOASTIE</b>	14
<b>SMASHED AVOCADO</b>	18	Roast lemon chicken, pesto, aioli, cheddar, baby spinach	
Classic smashed avocado with ricotta and dukkah on Three Mills sourdough		<b>REUBEN TOASTIE</b>	14
<b>HOUSE MADE QUICHE</b>	12	Corned beef, sauerkraut, Swiss cheese & Russian dressing	
With seasonal salad		<b>VEGGIE TOASTIE</b>	14
<b>SALAMI BAGEL</b>	14	Haloumi, zucchini, caramelised onion, pesto, aioli & baby spinach	
Mild salami, aioli, cheddar, baby spinach & tomato. With seasonal salad		<b>LITTLE BITES</b>	
<b>HAM, CHEESE, TOMATO CROISSANT</b>	11	Protein balls	3.5
<b>HOUSE MADE SAUSAGE ROLLS</b>	12	Assorted cookies	4
With seasonal salad		Three Mills pastries	7
		Sweet slices	6
		House made cakes and tarts	6
		Banana bread	6
		Blueberry & yoghurt loaf	6

